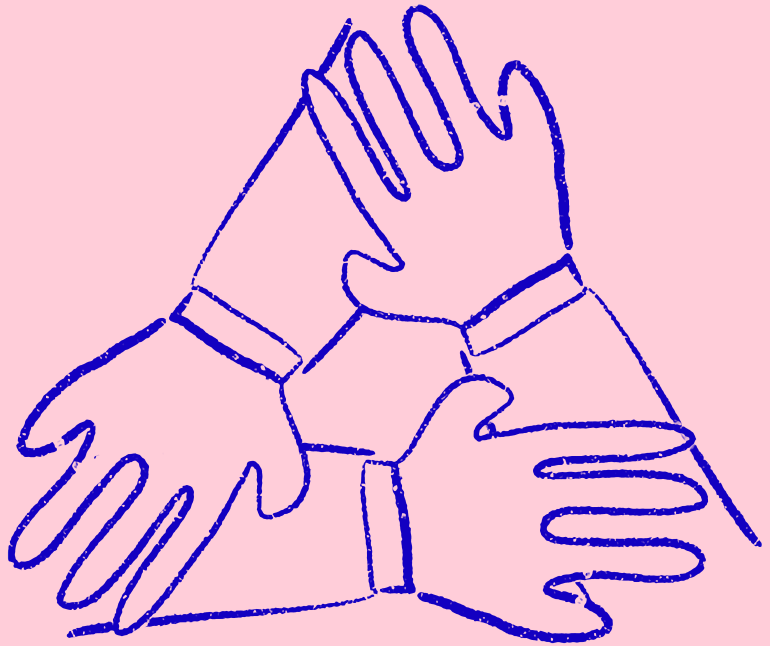


# Ways to engage on campus!



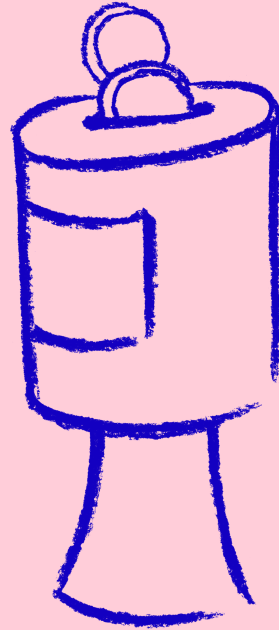
[mind.org.uk](https://mind.org.uk)

Mind (the National Association for Mental Health)  
Registered address: 2 Redman Place, London E20 1JQ  
Registered Charity No. 219830



# 1 Collaborate with other societies

After all, we're stronger together. Link up with sports societies and hold an on-campus sports day, or link up with others where you have a common well-being purpose, such as a walking society.



# 2 Freshers Fair

This is a great opportunity to let everyone know about your fundraising – use a [JustGiving QR code](#) to collect donations and let them know about your upcoming events.

# 3 SU Bar

If you're on the lookout for an event space, speak to your Student Union about using the SU bar. Whether you're holding a quiz or a gig, this is a great place to bring people together.

# 4 Speaking in lectures

Ask your lecturers if you can speak for 5 minutes before your lecture kicks off.

Talk about what you're doing to fundraise, when it is and how people can get involved- and develop vital public speaking skills!

For more inspiration and advice visit:

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